

BLUE STAR MOTHERS, INC. – OHIO CHAPTER 10

FOR THE TROOPS--Shopping List

Items should be in single serving size. No glass, aerosol cans/sprays or lighters...

MOST REQUESTED ITEMS

BEEF JERKY
PROTEIN BARS
GUM
OATMEAL PACKS

COFFEE & HOT CHOCOLATE PACKS
AA & AAA BATTERIES
DRIED FRUIT & NUTS
POP TARTS

FOOD - Single serving size

Tuna fish in packets (not cans unless zip top lids)	Small canned fruits (with zip-top lids, squeeze)
Sardines (zip-top lids)	Gatorade, Crystal light, PowerAde, Mia (Instant drink mixes)
Vienna Sausages (zip-top lids)	Hard Candy - must be wrapped
Sunflower seeds	Crackers and cookies - single serving
Granola Bars/Breakfast Bars	Chips and Snacks in Cans
Trail Mix	Snack Food - any kind
Dried Fruit/Raisins	
Salted Nuts (any kind)	

Chocolate from September thru March

TOILETRIES & OTHER

Razors/shaving cream (not aerosol)	Baby Powder
Breath Mints/Listerine Strips	Gold Bond foot powder
Toothpaste & Toothbrushes	Nail clippers/nail files
Dental Floss	Liquid hand sanitizer - small bottles
Eye Drops/Lip Balms	Q-Tips - travel packs
Baby Wipes (small packs)	Deodorants
White cotton socks	Bug Repellent/Sun Block
Feminine Products	Kleenex (travel packs)

ENTERTAINMENT

Joke Books	Crossword & other puzzle books
Yo Yo=s/Frisbees	Videos - <i>gently used are good</i>
Travel size games (UNO, Othello)	Pens
Writing tablets	

FOR DROP-OFF/PICK-UP INFORMATION in the Fairfield County area CALL:

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